

## **Netball Development Program – Year 10**

**Subject Code:** NET

**Core/Elective:** Elective

**Time Allocation:** 3 x 70 minute lessons per week

**Rationale:**

The main focus of the Netball Development Program is to provide students with access to specialist netball coaching to develop the required skills of Netball. As in all team sports, a strong focus is placed on leadership and team work. Through the medium of Netball, students are encouraged to participate in all school events with a positive attitude and display school pride within the school and the local community. Students are expected to participate in the local Mackay District School Sports Netball competition and inter-school games where these skills will be put to practice representing Sarina State High School.

### **Course Structure**

This course covers study on the following topics:

- I Can Influence Others
- Excellence in Health
- Fitness Fanatics
- Nutrition Nuts

### **Assessment:**

Year 10 Netball Development students are assessed in two main ways:

- Investigating
- Performance and practical application

**Additional Cost:**

\$100 for continuing students; or \$120 for a student new to the program