

## **Netball Development Program – Year 7 & 8**

**Subject Code:** NET

**Core/Elective:** Core – if selected, replaces core HPE

**Time Allocation:** 2 x 70 minute lessons per week

**Rationale:**

The main focus of the Netball Development Program is to provide students with access to specialist netball coaching to develop the required skills of Netball. As in all team sports, a strong focus is placed on leadership and team work. Through the medium of Netball, students are encouraged to participate in all school events with a positive attitude and display school pride within the school and the local community. If selected, students will study Netball instead of core HPE. The theoretical units studied are the same as core HPE but the practical units are sport specific to Netball. Students are expected to participate in the local Mackay District School Sports Netball competition and inter-school games where these skills will be put to practice representing Sarina State High School.

### **Theoretical Unit Structure**

**Year 7**

This course covers study on the following topics:

- Super Snacks
- I Can Make Good Decisions
- Approaching Adolescences
- Generations

**Year 8**

This course covers study on the following topics:

- My Decisions My Life
- Food for Life
- Supporting Others
- Cultural Understandings

### **Assessment**

Year 7 & 8 Netball Development students are assessed in two main ways:

- Investigating
- Performance and practical application

**Additional Cost:**

\$100 for continuing students; or \$120 for a student new to the program