

Rugby League Development Program – Year 11/12 (Combined Senior Class)

Subject Code: RLD

Core/Elective: Elective

Time Allocation: 3 x 70 minute lessons per week

Rationale:

The main focus of the Rugby League Development Program is to provide students with access to specialist Rugby League coaching to develop the required skills of Rugby League. As in all team sports, a strong focus is placed on leadership and team work. Through the medium of Rugby League, students are encouraged to participate in all school events with a positive attitude and display school pride within the school and the local community. If selected, students will study Rugby League instead of core HPE. The theoretical units studied are the same as core HPE but the practical units are sport specific to Rugby League. Students are expected to participate in the local Mackay District School Sports Rugby League competition and inter-school games where these skills will be put to practice representing Sarina State High School. Students who participate in the Senior Rugby League Program complete a Certificate II in Sport and Recreation (Rugby League Focussed). This means that students cannot select Senior Rugby League class **AND** Certificate II in Sport and Recreation class as the modules studied are the same in both subjects.

Course Structure

This course covers study on the following topics:

- The Sport, Fitness & Recreation Industry
- Sport officiating
- Risk Management
- Providing Quality Service
- Planning and Delivering Sporting Sessions
- Coaching Primary Aged Students
- First Aid

Additional Cost:

\$100 for continuing students; or \$120 for a student new to the program