

Rugby League Development Program – Year 7 & 8

Subject Code: RLD

Core/Elective: Core – if selected, replaces core HPE

Time Allocation: 2 x 70 minute lessons per week

Rationale:

The main focus of the Rugby League Development Program is to provide students with access to specialist Rugby League coaching to develop the required skills of Rugby League. As in all team sports, a strong focus is placed on leadership and team work. Through the medium of Rugby League, students are encouraged to participate in all school events with a positive attitude and display school pride within the school and the local community. If selected, students will study Rugby League instead of core HPE. The theoretical units studied are the same as core HPE but the practical units are sport specific to Rugby League. Students are expected to participate in the local Mackay District School Sports Rugby League competition and inter-school games where these skills will be put to practice representing Sarina State High School.

Theoretical Unit Structure

Year 7

This course covers study on the following topics:

- Super Snacks
- I Can Make Good Decisions
- Approaching Adolescences
- Generations

Year 8

This course covers study on the following topics:

- My Decisions My Life
- Food for Life
- Supporting Others
- Cultural Understandings

Assessment

Year 7 & 8 Rugby League Development students are assessed in two main ways:

- Investigating
- Performance and practical application

Additional Cost:

\$100 for continuing students; or \$120 for a student new to the program