

# Helpful helplines and websites

## Bullying and cyberbullying websites

- [Australian Government \(how to protect children online\)](#)

Information on how to deal with online issues including cyberbullying, trolling, digital reputation and sexting.

- [iParent](#)

iParent shows you how you can protect your digital identity.



- [Games, Apps and Social Networking](#)

A quick guide to popular social media sites and apps – protect yourself and your children.

- [Report Cyberbullying](#)

Learn more, get advice and strategies or lodge a cyberbullying complaint in response to harmful or serious cyberbullying.



- [Cyberbullying Complaint Resolution Process](#)

- [THINKUKNOW: YOUTH](#)

Established by the Australian Federal Police, ThinkUKnow is a free, evidence-based cyber safety program that provides accessible cyber safety education to youth, aged 11 – 17.

- [THINKUKNOW; PARENTS, CARERS AND TEACHERS](#)

Established by the Australian Federal police, ThinkUKnow is a free, evidence-based cyber safety program that provides accessible cyber safety education to parents, carers and teachers through schools and organisations across Australia.

